



Reimagining Senior Daycare

- Strengthen the body and brain
- Social and engaging activities
- Trained, caring staff
- Delicious meals
- Monday - Friday, 8:30am-4:30pm

Call Today
(203) 514-7450
WithEvergreen.com



**Door-to-Door
transportation
is available!
Call us to
schedule.**



Reimagining Senior Daycare

SUMMER MUSIC LINEUP

JUNE

- 3 • Live Music - Michelle Pauker and Birthday Celebration
- 16 • Live Music - Vinnie Ferrone
- 29 • Live Music - Peter Randazzo

JULY

- 10 • Live Music - Melissa McGuire and Birthday Celebration
- 21 • Live Music - Michelle Pauker

AUGUST

- 7 • Live Music - Vinnie Ferrone and Birthday Celebration
- 17 • Live Music - Fred Gouveia
- 26 • Live Music - Michelle Pauker

**It's
Summer!
Kick Back
& Let the
Sunshine In!**



**Share this
FREE Guest Pass
with friends
or family!**



@evergreendaytimeseniorcare

SUMMER June | July | August

DAILY PROGRAMS ARE DESIGNED AROUND THESE CONNECTION PILLARS

Mindfulness:

Activities designed to uplift your spirit and strength leaving you feeling refreshed.

Physical Fitness:

Stay active with chair boxing, zumba, and gait training exercises. Or, grab some resistance bands, light weights or boxing gloves and let's get moving!

Cognition:

Exercise your brain with challenging games like Cranium Crunch, Memory Match, or sentence inhibition activities.

Entertainment/Social:

What's life without a little fun? Our entertainment features live music, immersive travel experiences and group games to keep engaged throughout the day.

Creativity:

Whether it's something new or tried-and-true, each day includes creative, fun activities such as karaoke, artistry skills, or our cooking club.

Social Nutrition:

Delicious, freshly prepared meals and family-style dining with member choice a top priority.



A SAMPLE OF DAILY ACTIVITIES YOU CAN CHOOSE TO CUSTOMIZE YOUR DAY

8:30a Continental Breakfast

9:30a Daily Science & Health News

10:00a Health & Wellness Class
or Cooking Club

10:30a Oldies Sing-A-Long

11:00a Category Lightning Round
or Outdoor Walking Club

11:30a Working Out with Weights

12:00p Family Style Lunch

1:00p Poetry Corner or
Indoor Sports

1:30p Pick an Art Station
or Outdoor Walking Club

2:00p Live Music Concert

2:30p Afternoon Perk

3:00p Birthday Celebration

3:30p Board Games

"Best decision we made for my mom; she loves it. Staff is very caring. My mom has made wonderful friends."

~ Daughter of a member

